

My philosophy of education is that educators should provide a safe, interactive, and effective learning environment for students of all ages. Students should be equipped with the functional knowledge to be able to live happy and healthy lifestyles through learning fundamental skills and concepts. An effective physical and health educator should empower his/her students to have the courage to ask questions, develop tolerance of others, and be open to new ideas. My primary goal for my students is that they will take what they have learned in my classes and use it to benefit their minds and bodies in a long-term setting. Furthermore, I hope that my students will utilize their knowledge to impact the lives of others around them, as well.